

Sunday Signpost 1st March 2026

"Light for the path and news for the journey."

The Collect

Almighty God, you show to those who are in error the light of your truth, that they may return to the way of righteousness: grant that all who are admitted into the fellowship of Christ's religion, may reject those things that are contrary to their baptism, and follow in the way of Jesus Christ our Lord; who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**

The First Reading - Genesis 12. 1-4a

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.' So Abram went, as the Lord had told him; and Lot went with him.

This is the word of the Lord. **Thanks be to God**

Psalm 121 (we say together)

I lift up my eyes to the hills—from where will my help come? My help comes from the Lord, who made heaven and earth.

He will not let your foot be moved; he who keeps you will not slumber. He who keeps Israel will neither slumber nor sleep.

The Lord is your keeper; the Lord is your shade at your right hand. The sun shall not strike you by day, nor the moon by night.

The Lord will keep you from all evil; he will keep your life. The Lord will keep your going out and your coming in from this time on and for evermore.

The Second Reading – Romans 4. 1-5, 13-17

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations')—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

This is the word of the Lord. **Thanks be to God**

The Gospel - John 3. 1-17

Hear the Holy Gospel according to St John. **Glory to you, O Lord**

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into

the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

This is the Gospel of the Lord. **Praise to you, O Christ**

Post Communion Prayer

Creator of heaven and earth, we thank you for these holy mysteries given us by our Lord Jesus Christ, by which we receive your grace and are assured of your love, now and for ever. **Amen**

Prayer requests - Annette, Marian, Marian, Derrick, Clive, Margaret, Lucy, Jim, Ellen Marie, Anthony, Paula, Margaret, Steven, Claire, Glanys, Shirley, Dilys, baby Evelyn and her Parents, Joan, Sheridan, Sarah, John, Aled, Angela, Jeanette, Melanie, John, Donna, Dave, Alison, Nick, Perry, Lucy, Alun, Kelly, Tempany, Susan, Marion, Diane, Gerry, Avril, Melanie, John, Wendy.

We pray for the repose of the souls of the recently departed and for all those who mourn - Eira Sullivan, Iorwerth Owens, Judith

We also pray for those whose anniversary of death falls this week:

Llewellyn (1st), Janet Edmunds (4th), Elfed Roberts(5th),

**DAILY BIBLE READINGS & PRAYER INTENTIONS:
2nd – 8th March 2026**

Monday <i>David (6th century) Bishop, Patron Saint of Wales</i>	Sirach 15.1-6 or Jeremiah 1.4-10 Psalm 16.3, 5-8 1 Thessalonians 2.2b-12 Matthew 16.24-27	St David and the people of Wales
Tuesday	Isaiah 1.10-20, Psalm 50.7-15 Matthew 23.1-12	For humble justice
Wednesday	Jeremiah 18.18-20, Psalm 31.1-5, 13-16 Matthew 20.17-28	For humble service
Thursday <i>Non, Mother of St David</i>	Jeremiah 17.5-10, Psalm 1 Luke 16.19-31	For our Lent course
Friday <i>Women's World Day of Prayer</i>	Genesis 37.3, 4, 12-28 Psalm 17.1-8, Matthew 21.33-46	For justice, peace & gender equality
Saturday <i>Perpetua, Felicity and their Companions</i>	Micah 7.14-20, Psalm 103.1-12 Luke 15.1-3, 11-32	That we may learn to forgive
Sunday Lent 3	Exodus 17.1-7, Psalm 95 Romans 5.1-11, John 4.5-42	That we might clear the clutter of our hearts

The Blessed Sacrament lamp in St Fagan's burns this week
for birthday memories of Gillian Nicholson

Midweek services

Day & Church	Service/Time
Mon 2 nd March, St Fagan	Bilingual Eucharist, 4.30pm
Tues 3 rd March, St James	Eucharist, 9.30am
Tues 3 rd March, St Elvan	Stations of the Cross 12.00pm
Tues 4 th March, St Elvan	Eucharist, 1.05pm
Tues 4 th March, St Winifred	Eucharist, 2.00pm
Wed 5 th March, St Fagan	Eucharist, 9.30am
Wed 5 th March, St Lleurwg	Eucharist, 10.30am
Thurs 6 th March, St Luke	Eucharist, 10.00am
Thurs 6 th March, St John	Eucharist, 11.00am

Next Sunday's Services – 8th March 2026

Church	Service/Time
St James	Eucharist, 8.30am
St Fagan	Eucharist, 9.30am
St Lleurwg	Eucharist & Baptism, 9.30am
St Matthew	Service of the Word, 9.30am
St Elvan	Eucharist, 11.00am
St Winifred	Eucharist, 11.00am
St Luke	Eucharist, 11.00am

St Fagan's Sunday 9.30 services are usually livestreamed at:

www.facebook.com/stfagansaberdare

The Sacrament of Reconciliation is available by appointment with Fr Hywel. Please telephone or email to arrange.

Ministry Area activities and events this week

Monday 2nd March

Tea & Toast 9.30-11.30am, St Fagan's Hall

Come & Chat 9.30-11.30am, St Lleurwg's Hall

St Elvan Book Club 11.00am-12.00pm, St Elvan's

St Elvan's Volunteer Research Group Meeting 1.00-3.00pm, St Elvan's

Quiz Night 7.30-10.00pm, Red Cow Llwydcoed

Tuesday 3rd March

Free Jewellery & Beading Group 10.30am-12.00pm, St Elvan

Free Storytime & Play 10.30-11.30am, St Elvan

Free Personal items, Family & Baby toiletries 12.00-1.00pm, St Winifred's

Wednesday 4th March

Sgwrs Gymraeg (Welsh Conversation) 11.30am-12.30pm, St Elvan

Fun Bingo 2.00-3.00pm, St Luke's Hall

Thursday 5th March

Highly Strung Ukulele Group 10.30am-12.00pm, St Elvan

Caffi Cinio 1.00-2.00pm, St Fagan's Hall

What is Communion? 2.00-3.00pm, Green Room, St Elvan

Learn Welsh Glamorgan 6.30-8.30pm, Green Room, St Elvan

What is Communion? 7.00-8.00pm, Online (email Fr Hywel for joining details)

Friday 6th March

Crafty Bees Arts & Crafts Group 11.00am-1.00pm, St Elvan

British Sign Language Classes 2.00pm-4.00pm, St Lleurwg's Hall

Saturday 7th March

Pantri Cariad 2.30-3.00pm, St Fagan's Hall

Dydd Gŵyl Dewi Sant – St David's Day

The Church in Wales has moved the commemoration of St David by one day, so this year we will be celebrating and remembering our Patron Saint on **Monday March 2nd at 4.30pm in St Fagan's Church** in a bilingual Eucharist service. Croeso cynnes i bawb.

QUIZ NIGHT!

Monday March 2nd 7.30pm at the Red Cow in Llwydcoed. Make up a team before you come or join one on the night. Entry is £2 per person with all proceeds to Ministry Area funds. If you haven't been before, dust off your grey cells, test your knowledge, have some fun, maybe win a raffle prize and help us raise some money for the Church!

Fun Bingo

Wednesday 4th March 2.00pm in St Luke's Hall, Cwmdare. Join us for a fun afternoon with refreshments.

Caffi Cinio meets this Thursday March 5th in St Fagan's Hall, 1pm. There is a lovely two course meal to enjoy plus fellowship and friendship. Please call Ann Baker: 07879 773222 to book your meal.

"Shine at Six"

Sunday March 8th 6pm, St Elvan's Church. Our less formal Holy Eucharist which is ideal for those newer to church life and essential for those seeking Confirmation. Seventy people came to the first of these last month so why don't you join us and see what it's all about – we'd love to welcome you there.

Lent Course 2026

We got off to a flying start last week but it's not too late to take part in this year's Lent discussion called "What is Communion?" The weekly sessions each Thursday throughout Lent will feature a different part of the communion service and why we do certain things. There are two opportunities to take part: Rev Peter will lead an in-person group at 2pm in the Green Room in St Elvan and Fr Hywel will lead an online group via Zoom at 7pm (email Fr Hywel for joining information). Need to switch times? Just hop into the other session that week. This is an ideal opportunity to "do something extra" during the Lent season.

Do You Have Something to Share?

If you're planning anything in your church, or just want something mentioned in the newsletter, let your Ministry Area Representative know or email Peta directly. Deadlines for submissions are by the end of Wednesday each week.

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