

## **Sunday Signpost 29<sup>th</sup> March 2026 – Palm Sunday**

*"Light for the path and news for the journey."*

Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

*The First Reading - Isaiah 50. 4-9a*

The Lord God has given me the tongue of a teacher, that I may know how to sustain the weary with a word. Morning by morning he wakens - wakens my ear to listen as those who are taught. The Lord God has opened my ear, and I was not rebellious, I did not turn backwards. I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting. The Lord God helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near. Who will contend with me? Let us stand up together. Who are my adversaries? Let them confront me. It is the Lord God who helps me; who will declare me guilty?

This is the word of the Lord. **Thanks be to God**

*Psalm 31.9-16*

Be gracious to me, O Lord, for I am in distress; my eye wastes away from grief, my soul and body also. For my life is spent with sorrow, and my years with sighing; my strength fails because of my misery, and my bones waste away. I am the scorn of all my adversaries, a horror to my neighbours, an object of dread to my acquaintances; those who see me in the street flee from me. I have passed out of mind like one who is dead; I have become like a broken vessel. For I hear the whispering of many - terror all around! - as they scheme together against me, as they plot to take my life. But I trust in you, O Lord; I say, 'You are my God.' My times are in your hand; deliver me from the hand of my enemies and persecutors. Let your face shine upon your servant; save me in your steadfast love.

*The Second Reading* – Philippians 2. 5-11

Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death - even death on a cross. Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

This is the word of the Lord. **Thanks be to God**

*The Passion Gospel – Matthew 27:11-54 (this is a dramatic reading and will be read by volunteers)*

*Post Communion Prayer*

Lord Jesus Christ, you humbled yourself in taking the form of a servant, and in obedience died on the cross for our salvation give us the mind to follow you and to proclaim you as Lord and King, to the glory of God the Father. **Amen**

*Prayer requests* - Annette, Marian, Marian, Derrick, Clive, Margaret, Lucy, Jim, Ellen Marie, Anthony, Margaret, Steven, Claire, Glanys, Dilys, baby Evelyn and her parents, Joan, Sheridan, Sarah, John, Aled, Angela, Jeanette, Melanie, John, Donna, Dave, Alison, Nick, Perry, Lucy, Alun, Kelly, Tempany, Susan, Marion, Diane, Gerry, Avril, Melanie, John, Wendy, Tina, Lucy, baby Shaun and his parents.

*We pray for the repose of the souls of the recently departed and for all those who mourn.*

*We also pray for those whose anniversary of death falls at this time:*

Edna May Powell (27<sup>th</sup> March), Sylvia Williams (31<sup>st</sup>), Nancy Ellis (4<sup>th</sup>), Canon Charles William Arthur (4<sup>th</sup>)

The Blessed Sacrament lamp in St Fagan's burns this week  
for  
a blessed Holy Week for our Ministry Area

**The Sacrament of Reconciliation** is available by appointment  
with Fr Hywel. Please telephone or email to arrange.

**DAILY BIBLE READINGS & PRAYER INTENTIONS:  
30<sup>th</sup> March – 5<sup>th</sup> April 2026**

Monday	Isaiah 42.1-9 Psalm 36.5-11 Hebrews 9.11-15 John 12.1-11	Help us pour out our love for you as we begin this walk to the Cross.
Tuesday	Isaiah 49.1-7 Psalm 71.1-14 or 71.1-8 1 Corinthians 1.18-31 John 12.20-36	Grant us strength to remain faithful when the shadows of betrayal grow long.
Wednesday	Isaiah 50.4-9a Psalm 70 Hebrews 12.1-3 John 13.21-32	Grant us strength to remain faithful when the shadows of betrayal grow long.
Maundy Thursday	Exodus 12.1-4, [5-10,] 11-14 Psalm 116.1-2, 12-19 or 116.12-19 1 Corinthians 11.23-26 John 13.1-17, 31b-35	Teach us to serve one another as you washed the feet of your friends.
Good Friday	Isaiah 52.13 - 53.12 Psalm 22 or 22.1-11 or 22.1-21 Hebrews 10.16-25 or 4.14-16; 5.7-9 John 18.1 - 19.42	That as we gaze upon the Cross, we are humbled by the depth of your saving love.
Easter Eve	Job 14.1-14 or Lamentations 3.1-9, 19-24 Psalm 31.1-4, 15-16 or 31.1-5 1 Peter 4.1-8 Matthew 27.57-66 or John 19.38-42	In the stillness of the tomb, help us wait in patient hope for the dawn.
Easter Day	Acts 10.34-43 or Jeremiah 31.1-6 Psalm 118. [1, 2,] 14-24 Colossians 3.1-4 or Acts 10.34-43 John 20.1-18 or Matthew 28.1-10	Alleluia! Fill us with the joy of your victory over death.

## Holy Week Services

Day & Church	Service/Time
Tues 31 <sup>st</sup> March, St James	Eucharist, 9.30am
Tues 31 <sup>st</sup> March, St Elvan	Stations of the Cross, 12.00pm
Tues 31 <sup>st</sup> March, St Elvan	Eucharist, 1.05pm
Tues 31 <sup>st</sup> March, St Winifred	Eucharist, 2.00pm
Wed 1 <sup>st</sup> April, St Fagan	Eucharist, 9.30am
Wed 1 <sup>st</sup> April, St Lleurwg	Eucharist, 10.30am
Maundy Thursday, St Luke	Eucharist, 10.00am
Maundy Thursday, St John	Eucharist, 11.00am
Maundy Thursday, St Fagan	Mass of the Last Supper, 7.00pm
Good Friday, St Luke	Family Good Friday Service, 10.00am
Good Friday, St Elvan	Angelus & Stations of the Cross, 12.00pm
Good Friday, St Winifred	Good Friday Service, 12.00pm
Good Friday, St Elvan	Good Friday Liturgy, 2.00pm
Good Friday, St Lleurwg	Good Friday Reflection, 2.00pm
Good Friday, St Fagan	Stations of the Cross, 6.00pm
Easter Eve, St John	Easter Vigil, 8.00pm

## Easter Day Services – 5<sup>th</sup> April 2026

Church	Service/Time
St Fagan's Church Hall	Faith Factory, 9.15am
St Fagan	Eucharist, 9.30am
St Lleurwg	Eucharist, 9.30am
St Matthew	Eucharist, 9.30am
St Elvan	Eucharist, 11.00am
St James	Eucharist, 11.00am
St Luke	Eucharist, 11.00am
St Winifred	Eucharist, 11.00am
St Fagan	Y Cymun Bendigaid, 4.00pm

## **Ministry Area activities and events this week**

### Monday 30<sup>th</sup> March

Tea & Toast 9.30-11.30am, St Fagan's Hall

Come & Chat 9.30-11.30am, St Lleurwg's Hall

### Tuesday 31<sup>st</sup> March

Free Jewellery & Beading Group 10.30am-12.00pm, St Elvan

Free Storytime & Play 10.30am-12.00pm, St Elvan

Free Personal items, Family & Baby toiletries 12.00-1.00pm, St Winifred

Family Lunch Club, 1.00-3.00pm, St Fagan's Hall

Holy Week Meditation through Art 7.00pm, St Elvan

### Wednesday 1<sup>st</sup> April

Sgwrs Gymraeg (Welsh Conversation) 11.30am-12.30pm, St Elvan

### Thursday 2<sup>nd</sup> April

Highly Strung Ukulele Group 10.30am-12.00pm, St Elvan

Caffi Cinio 1.00-3.00pm, St Fagan's Hall

What is Communion? 2.00-3.00pm, Green Room, St Elvan

Learn Welsh Glamorgan 6.30-8.30pm, Green Room, St Elvan

### Friday 3<sup>rd</sup> April

Crafty Bees Arts & Crafts Group 11.00am-1.00pm, St Elvan

British Sign Language Classes 2.00pm-4.00pm, St Lleurwg's Hall

### Saturday 5<sup>th</sup> April

Church Decorating 10.00am, St Fagan

## **Y Cymun Bendigaid**

Please come and join us for our bilingual celebration of the Holy Eucharist in St Fagan's on Easter Day at 4.00pm. The whole service is printed in Welsh and English and is very easy to follow. Ideal for fluent Welsh speaker and learners alike, you would be most warmly welcomed.

Croeso cynnes i chi gyd.

## Confirmation 2026

After Easter, from Sunday 19<sup>th</sup> April, there will be the opportunity for both adults and children to express interest in the next Confirmation which will be later on in the year. The exact date is yet to be agreed with the Bishop's Office but is likely to be in October or November.

Preparation will be different from previous years so keep an eye out for further details on how to register either using the forms which will be available in each of the churches in our Ministry Area or online. Please note that children must be in **at least** Year 6 at the date of the Confirmation service – this was communicated in Bishop Mary's Ad Clerum (a formal letter to the clergy) of March 2026.

It is important that anyone wishing to be confirmed attends church regularly; our Shine at Six services are particularly recommended but you may, of course, go to any church service that is convenient.

**Caffi Cinio meets next on Thursday April 2<sup>nd</sup>** in St Fagan's Hall, 1pm. There is a lovely two course meal to enjoy plus fellowship and friendship. Please call Ann Baker: 07879 773222 to book your meal.

## QUIZ NIGHT!

**Monday April 13<sup>th</sup> 7.30pm** at the Red Cow in Llwydcoed. Make up a team before you come or join one on the night. Entry is £2 per person with all proceeds to Ministry Area funds. If you haven't been before, dust off your grey cells, come and test your knowledge, have some fun, maybe win a raffle prize and help us raise some money for the Church!

**Transitional Minister & Ministry Area Lead**

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